794 the Nayar goddess of war, smallpox and the
564 soil. Fourth came the smaller Bhagavadi temples of village Nayars, one of which was found in each village or group of villages of the same subcaste where Nayar retainers were present.
[782] In the first two types of temples, animal sacrifice was forbidden; offerings were of flowers, fruits, incense and fire. The priests were
[793] either Nambudiri Brahmans or members of a lower landless caste called Embrandiri Brahmans who are immigrant from South Canara to the north. Nayars might enter the outer courtyards of such temples but might not perform rites there. In a village which contained a temple of type (1), there was often no Nayar population at all: a group of lineages of one or more temple servant subcastes replaced them as retainers of the Nambudiris and as kanam tenants. In Nambudiri villages containing a temple of type (2), there would be one or two individual lineages of one or other temple servant caste, attached to the Nambudiri temple, but also a group of Nayar retainers with their own Bhagavadi temple. [22] In villages not headed by Nambudiri Brahmans, there might be only a Bhagavadi temple, managed collectively by Nayars. One lineage of the Marar caste might also be present to drum in the temple, but the other temple servant castes did not work in village Bhagavadi temples. Similarly in a royal or chiefly village containing a large Bhagavadi temple owned by the ruling lineage, the temple servant castes might be absent except for one lineage of Marars, but individuals of the

564 other temple servant castes might come from
994 other villages to assist at special annual ceremonies. In royal and chiefly Bhagavadi tem-
[787] ples the priest was usually a Nambudiri Brah-
man, though a Nayar shaman was attached to the temple and periodically became possessed by the goddess and declared her will to the people.
[793] In village Nayar Bhagavadi temples, the priest
was either an Embrandiri Brahman hired by the Nayars, or a Nayar; there was in addition a Nayar shaman. Daily rites in the Bhagavadi
[782] temple were similar to those in a Nambudiri temple, but annual ceremonies involved animal sacrifice by Nayars, in which Brahmans and
[252] temple servants took no part. Consistent with these differences in ritual behaviour, Nambudiris and all temple servants were vegetarians; royal, chiefly and Nayar castes ate meat. The matrilineal castes of temple servants were otherwise almost identical in general culture to Nayars, and historically were probably once Nayars. Among temple ser vants, Nambyars, Psharodis, Variyars and Puduvals disputed for ritual rank and would not interdine or intermarry. They ranked roughly [23] parallel to the chiefs of districts (with whom they had few social relations and did not interdine) and above the retainer-Nayars, who might receive food from them but not give food to them. Marars ranked below the other temple servant castes and parallel to Nayars, with whom they had few social relations outside the temple, and did not interdine or intermarry.

Below all these aristocratic castes in ritual

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
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564 794 ranked below Nambudiris but above retainer Nayars and certain matrilineal temple-servant castes. The latter included Nambyars, Puduvals, and Marars, three castes of drummers, and Psharodis and Variyars, castes of temple stewards.

564 794 The temple-servant castes were small and lived chiefly in villages owned by Nambudiri Brahmans or in sankētams. Four types of temples were distinguishable among the higher castes. First were the large temples of the sankētams, whose estates were managed by Nambudiris. They were dedicated to all-India, Puranic deities, usually Siva or Vishnu. Second, were the private temples of individual Nambudiri families in villages owned by Nambudiris, which were small replicas of the first type. Third were the private temples of royal and chiefly matrilineages, dedicated to Bhagavadi or Bhadrakali—the Nayar goddess of war, epidemic, land, and fertility. Fourth were the smaller Bhagavadi temples of village Nayars, each collectively managed by an assembly of Nayar retainers of one or more villages.

[782] [793] In the first two types of temple animal sacrifice was forbidden. Offerings were of fruit, flowers, incense, and fire. The priests were low-ranking Nambudiri Brahmans. Nayars might enter the outer courtyards of such temples but might not perform rites there. In a village which formed part of a sankētam there was sometimes no Nayar population at all; a group of lineages of one or more temple-servant castes replaced them as retainers of the Brahmans and as permanent tenants. In Nambudiri villages containing a temple of the [613] second type, one or two lineages of some temple-servant caste would be attached to the temple, but there would invariably also be a group of Sudra Nayar retainers with their own Bhagavadi temple.

564 794 613 In villages under a Nayar headman there might be only one Bhagavadi temple managed collectively by Nayars. One lineage of the Marar caste might be present to drum in the temple, but the other temple-servant castes did not work in Nayar village temples. Similarly, in a royal or chiefly village containing a large Bhagavadi temple of the ruling lineage, the temple-servant castes might be absent except for one lineage of Marars. Persons of other temple-servant castes might however come from nearby villages to assist at special ceremonies.

794 564 [793] [791] [782] In Bhagavadi temples the regular priest was usually of a special low subdivision of Nambudiris (Adigals). In addition a Nayar shaman, attached to the temple, periodically became possessed by the goddess and declared her will to the people. Daily rites in the Bhagavadi temple were similar to those in a Brahman temple, but annual festi-

582 was made on page 83, where it was said that a woman
564 of any clan of North Malabar may not consort with a
184 man of the same clan name belonging to South Malabar. Following this principle, the man may do so. A woman of South Malabar (inferior), mating with a man of her own clan name of North Malabar (superior), would be following anulômam; but a woman of North Malabar cannot, under pain of being guilty of pratilômam, mate with a man of her own clan name of South Malabar.
564 Alliances between the people of North Malabar and
484 South Malabar seem to be extremely rare; partly, per-
784 haps, because of this custom which is all compulsive, partly because the Nâyar women of North Malabar
[628] cannot cross the river which marks the boundary between the two. Nor, as said before, can the Nâyar women of Chirakkal, the northern-most portion of Malabar, cross the river which lies between it and South Canara to the northward. Thus, they cannot go beyond their northern or southern boundaries. The origin of this interdiction to cross the river southwards has been explained to me as emanating from a command of the Kólattiri Rajah in days gone by, when, the Arabs having come to the country about Calicut (South Malabar), there was a chance of the women being seized and taken as wives. An explanation which is somewhat fanciful. The prohibition to cross the river to the northwards is supposed to have originated in much the same way, but I have not
564 noted precisely what it is. Again, men of the Kurup
582 clan of Katattanâd may mate with women of the Nambiyâr clan who live in Kôttayam, but they may not mate with women of the Nambiyâr clan living in Chirakkal. The custom imputing superiority or inferiority to those of a clan inhabiting a certain locality is obscure; it has its counterpart elsewhere in Malabar.

793 "Except the Nambûtiri, the Nâyar has no other
564 priestly, spiritual or religious instructor; and it is for the gratification of this Bhú-dévan (earth god) that the Sûdra woman, if she has any religious instruction at all, is taught that she was created." We have heard what Hamilton has said about this (see Bulletin, Vol. III, No. I). Though the first portion of this statement is not quite accurate, for we have seen that the priests and religious instructors of the Nâyars are not admitted to be, strictly speaking, Nambûtiris, yet on the whole it is not far wrong, as the Nambûtiri is esteemed as a very exalted person, and he may ply his music among the Nâyar ladies without very much restriction. As remarked before, the

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custom is one which makes for improvement of the race, bound up as it is with the Marumakkattâyam system, which, guided by the anulômam principle, has fewer hindrances in the way of natural selection than perhaps any other marital custom throughout the world.

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The divine commands of Srí Parasu Râma, the imputed originator of the Marumakkattâyam system which is followed by 70 per cent. of the people of Malabar, are supposed to be contained in the Kêrala Mâhâtmyam, a work in Sanskrit verse, written on the ordinary Malabar grantham (palm-leaf book). It purports to be a monologue "addressed by the Rishi Garga to Yudhishthira the eldest of the Pândus." Chapter XLIX relates "how certain celestial damsels were brought from Indra's world by Parasu Râma to satisfy the sexual cravings of the Kêralam Brâhmans, and it relates how Parasu Râma at Vishabhadri (Trichûr), pronounced his commandment to the women (not being of the Brâhman caste) to satisfy the desires of Brâhmans, enjoining on them to put off chastity and the cloth which covered their breasts, and declaring that promiscuous intercourse with three or four men in common was void of the least taint of sin." Unfortunately no scholar has given his opinion as to the time when this was written. Most likely it is not very ancient, and may be attributed to device of the Nambûtiris. But it is respected as authoritative. "One of the foremost Nambûtiris in Malabar in respect of wealth, rank, sanctity and learning," in common with the rest of his clan, relied absolutely on it, and informed the Commission: "The Smiriti says the Sûdras' appointed path to heaven is serving the Brâhmans." "The practice of Brâhmans . . . . . having sexual intercourse with servile (Sûdra) women is in accordance with the Sástras." "If a Brâhman wished to have sexual intercourse with a Sûdra's wife, the Sûdra would be bound to gratify the wish." "A Sûdra cannot be sure of the true parentage of the children born of his wife. Hence the Sûdras cannot follow Makkattâyam"—inheritance in the male line. The Zamorin Maharajah Bahadur informed the Commission that "according to Parasu Râma . . . . chastity should not be observed by non-Brâhman females." Again, the "Ettan Tamburan," one of the senior members of the Zamorin's family, a learned Sanscrit scholar said: "It has been ordained by Parasu Râma that in Kêrala, Marumakkatâyam women need not be chaste;" and he quoted a sloka in proof that there

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765 of boundaries. With the observance of the Pinda Atiyantaram or feast of pindams, there is involved the Dîkṣha, or leaving the entire body unshaved for 41 days, or for a year. There is no variable limit between 41 days [184] or a year. Forty-one days is permissible as the period for the Dîkṣha, but a year is correct. The 41-day period is the rule in North Malabar.

[593] I have seen many who were under the Dîkṣha for a year. He who lets his hair grow may be a son or nephew [604] of the deceased. One member only of the Taravâd bears [30] the mark of mourning by his growth of hair, remarkable enough in Malabar where every one as a rule, excepting the Mâppila Muhammadans (and they shave their heads), shaves his face, head (except the patch on the crown) chest and arms, or at any rate his wrists. He who is under the Dîkṣha offers half-boiled rice and gingelly seeds to the spirit of the deceased every morning after [784] his bath; and he is under restriction from women, from alchoholic drinks, and from chewing betel, also tobacco. When the Dîkṣha is observed, the ashes of the dead are not deposited as described already (in the sun-dried vessel) until its last day—the forty-first or a year after death. When it is carried on for a year there is observed every month a ceremony called * Bali. It is noteworthy [821] that, in this monthly ceremony and for the conclusion of the Dîkṣha, it is not the thirtieth or three hundred and [30] sixty-fifth day which marks the date for the ceremonies, but it is the day (of the month) of the star which was presiding when the deceased met his death: the returning day on which the star presides.

793 For the * Bali, a man of the Elâyatu caste officiates.
564 It has been said already ("Nambûtiri Brâhmans": Bulletin, Vol. III, No. I), that the Elâyatus are priests for
765 the Nâyars. They wear the Brâhman's thread, but they are not Brâhmans. They are not permitted to study the Vêdas, but to the Nâyars they stand in the place of the ordinary Purôhit. The officiating Elâyatu prepares the rice for the Vêli when the deceased, represented by Karuka grass, is offered boiled rice, curds, gingelly seeds and some other things. The Elâyatu should be paid a rupee for his services, which are considered necessary even when the man under Dîkṣha himself is familiar with the required ceremonial.

765 The last day of the Dîkṣha is one of festivity. After
600 the * Bali the man under Dîkṣha is shaved. All this over

* Or Bâli.

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[793] day-break of the first day the ordinary temple priests, a Mûssad, will leave the temple after having swept up and made it clean; and (before day-break also) five Nambûtiris will enter it, bearing with them "Sudhi 796 Kalasam." The Kalasam is on this occasion made of the 778 five products of the cow, *i.e.* (panchagavyam) together [237] with some water, a few leaves of the banyan tree (Arayâl) and Darbha grass, all in one vessel. Before being brought to the temple, mantrams or magic verses will [783] have been said over it. The contents of the vessel are sprinkled all about the temple, and a little is put in the well, thus purifying the temple and the well. The Nambûtiris will then perform the usual morning worship, and either immediately after it or very soon afterwards they leave the temple, and the Mûssad, the ordinary priest, returns and resumes his office. The temple belongs [613] to four Taravâds, and no sooner has it been purified than the Kâranavans of these four Taravâds, virtually the joint-owners of the temple (known as Urâlas) present to the temple servant (known as a Pishârodi) the silver flag of the temple which has been in the custody of one of them since the last festival. The Pishârodi receives it and hoists it in front of the temple (to the east), thus signifying that the festival has begun. While this is being done, emphasis and grandeur is given to the occa- [201] sion by the firing off of miniature mortars such as are common at all South Indian festivals; and, after the [411] flag is hoisted, there are hoisted all round the temple small flags of coloured cloth. For the next few days [788] there is nothing particular to be done beyond the procession morning, noon and night; the image of Bhagavati being carried on an elephant to an orchestra of drums, and cannonade of the little mortars. All those who are present are supposed to be fed from the temple. 796 There is a large crowd. On the morning of the fifth day 564 a man of the washerman (he is also a tailor: Vannân) caste will announce to the neighbours by beat of tom-tom that there will be made a procession of Bhagavati issuing from the gates of the temple and passing round about. [202] Like all those who are in any way connected with the [788] temple, this man's office is hereditary and he lives to a small extent on the bounty of the temple, *i.e.*, he holds a [425] little land on nominal terms from the temple property, in consideration for which he must fulfil certain requirements for the temple as on occasions of festivals. His office also invests him with certain rights in the community. The Vannân has, I believe, immense power

6:Fawcett G-5 (ca. 1900)1915
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a small lamp or burning wick, and the devil dancer throws a handful towards the house. It then finds its way to the tree to the west under which, on the platform, is now a measure of paddy and a lamp; some Brâhmans* repeat mantrams and the elephant, the priest on his back and the sword in his hand, all three, are supposed to tremble violently. Up to this time the procession has moved leisurely, a very slow march. Now, starting suddenly, it proceeds at a run to the temple where the priest descends quickly from the elephant and is taken inside the temple by the Mûssad priests. He who has been carrying the sword all this time places it on the sill of the door of the room in which it is kept for worship, and prostrates before it. The sword then shakes itself for 15 minutes! [778] until the chief priest stays its agitation by sprinkling on it some tirtam, fluid made sacred by having been used for anointing the image of the goddess. This done, the chief amongst the devil dancers will with much internal tumult as well as outward convolutions say, in the way of oracle, whether the Dêvi has been pleased with the festival in her honour, or not. As he pronounces this oracular utterance he falls in a sort of swoon, and every soul, excepting only the priests and the temple servants, leaves the place as quickly as possible. The sheds which [796] have been erected for temporary habitation around the [782] temple will be quickly demolished, and search will be [564] made round about to make sure that no one remains near while the mystic rite of sacrifice is about to be done. When the whole place has been cleared, the four owners of the temple, the senior members of the Taravâds who stand in the position of owners and who, by the way, have stayed, hand over each a goat with a rope tied round its neck to the chief priest; and as soon as they have done so they too depart. There will remain now [793] in the temple three Mûssads, one drummer (Marayar) [534] and two temple servants: no others. These Mûssads are commonly called Brâhmans though the Nambûtiris do not admit them to be such. The reason for all this secrecy seems to lie in objection to let it be known generally that any sacrifice is done. I was told again and again that there was no such thing. It is a mystic [789] secret. The Mûssad priests repeat mantrams over the [793] goats for an hour as a preliminary to the sacrifice. Then

* East Coast Brahmans (Pattar) I think: perhaps Mûssads.

6:Fawcett G-5 (ca. 1900)1915
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the chief priest dons a red silk cloth and takes in his hand a chopper-like sword in shape something like a a small bill-hook—while the goats are taken to a certain room within the temple. This room is rather a passage than a room as there are to it but two walls, running north and south. The goats are made to stand in turn in the middle of this room, facing to the south; the chief priest stand to the east of a goat facing west as he cuts off its head with the chopper. He never ceases his mantrams and the goats never flinch,—the effect of the mantrams! Several cocks are then sacrified in the same place, and over the carcasses of goats and cocks there is sprinkled charcoal powder mixed in water (karutta gurusi) and saffron powder and lime water (chukanna gurusi), the flow of mantrams never ceasing the while. The three Mûssads only see the sacrifice, a part of the rite supremely secret. Equally so is that which follows. The carcass of one goat will be taken out of the temple
[534] by the northern door to the north side of the temple; and from this place one of the temple servants, *who is blind-folded*, drags it three times round the temple, the Mûssads following closely repeating their mantrams, the drummer in front beating his drum softly with his fingers. The drummer dare not look behind him and does not know what is being done. After the third round the drummer and the temple servant go away and the three Mûssads cook some of the flesh of the goats and one or two of the cocks (or a part of one) with rice. This rice when cooked is taken to the kâvu (grove), to the north of the temple, and there the Mûssads again ply their mantrams. As
[533] each mantram is ended a handful of saffron powder is flung on the rice, and all the time the drummer who by this time has returned, the only one present with the priests, keeps up an *obligato pianissimo* with his drum, using his fingers: he faces the north and the priests face the south. Presently, having done with the mantrams, the priests run (*not walk*) once round the temple carrying the cooked rice and scattering it wide as they go, repeating their mantrams. They enter the temple and remain within until day-break. No one can leave the temple until morning comes. Before daybreak the temple is thoroughly swept and cleaned, and then the Mûssads go out and the five Nambûtiris again enter before sunrise and perform the ordinary worship thrice in the day. For this one day only. The next morning the Mûssad priests return and resume their duties.

796 782 come to pay their vows for some good done them by her. Obscenities which need not be described were done—these chiefly by people of very low caste let it be said—by people who felt that neither gesture in the dance nor word could be gross enough to express the violence of their feelings. Yet these people, men and women, rolled, or were rolled, for they soon become unconscious, many times round the temple, their arms stretched towards it, their hair, their clothes (scanty enough) and persons generally thick with the dust. A piteous sight. And 796 782 785 there were to be seen men carrying over their heads an ornamented wooden canopy, the whole (and no light weight) held up, fastened to the person by the ends of the supports of the canopy, being stuck through the skin of the back and of the chest. Nothing resting on the shoulders or held in the hand. I saw a man who, to fulfil a vow to this goddess who was abused so vilely, had done this every year for over twenty years, and this year handed on performance of the painful vow to his son, a growing lad. The bearers of these canopies danced continuously as if trying to make the points in their flesh as hurtful as possible. So that, together with vituperation of the goddess, there was much veneration, and there is no hesitation in expressing this through bodily discomfort and pain.

796 Content for the present with this example from another part of the Presidency, we will return now to Kottiôr [346] which I visited in November 1894. One sees a temple of Isvara, there called Perumâl (or Perumâl Iswara) by the people; a low thatched building forming a hollow square, in the centre of which was the shrine which, I was not [793] permitted to see. There were some Nambûtiri priests who came out and entered into conversation. Their life far away in the forest must be a lonely one. The refreshment which they offered, butter-milk and sugar, was [579] accepted thankfully. The Nambûtiris, very unsophisticated persons and much wrapped up in their personal sanctity, placed the milk and sugar on the ground, and invited us graciously to partake. A large piece of cocoanut which they threw to my dog was, strange to say, eaten greedily by the beast.

796 782 The festival is not held at the temple but in the forest about quarter of a mile distant. This spot is deemed extremely sacred and dreadful. There was, however, no objection to myself and my companion visiting it: we were simply begged not to go. There were with us a

776 778 shape. It is overgrown with trees of various kinds, and shrubs, and sometimes medicinal plants also. In the middle of this quasi-circular shrine images usually made of laterite after specified shapes are arranged in certain established methods and a passage is opened to the seat of these images from outside. This spot is so scrupulously reserved, that not even domestic animals are allowed to stray therein. No trees from the place are to be felled down, nor any plant whatever for that matter with any metal or more particularly iron weapons; for these are unholy things, the introduction alone of which inside the sanctified area, not to say the actual cutting down of the tree, is [564] regarded as exceedingly distasteful to these serpent gods. They are not to be desecrated by the touch or even by the approach of [793] a low-caste man. Once in every year at least poojah offerings [782] are made to these gods through the medium of the Numbûdri priests.

796 "Periodical ceremonies called Pāmbantullel are performed to propitiate them. These are resorted to only on special occasions 778 for the purpose of averting serious visitations from the family. 782 The ceremony is a long complicated process. Any individual drawn from among the Nairs themselves is capable of acting the part of priests on these occasions. A day is fixed for the opening of the ceremony; and a particular plot of ground in the house yard is cleansed and preserved for the performance of the poojahs [532] incidental to the ceremony. Then on the spot certain square figures are drawn, one inside another, and these are tastefully diversified by the interpolation of circular figures and others inside and about them, based on geometrical principles. A peculiar symmetry is observed in the matter of these figures. The figures used in the drawings are usually of various colours, red, white, black and others. Ordinary rice-flour, then again such flour mixed with a combination of chunnam and turmeric powder, thereby making the flour pure red, and burnt paddy husk are chiefly employed. Then a number of other accessories are also required for the ceremony in the shape of lamps, cocoanuts, eatables of various sorts prepared from paddy and rice and some other cooked things, such as rice, bread made of rice, and others. [533] These are properly arranged in the place and poojah is offered by the priest with the slow recitation of *mantrams*, and some holy songs or ballads in memory of these gods. Then a number of Nair women, with perfect purity and cleanliness of person are seated close to each other in a row or two. These women are to preserve sanctity and purity of their persons by a total abstinence from animal food, intoxicants and anything else of an exciting nature for a prescribed period of time; and it is only after the lapse of this period that they become worthy of being admitted to

7:Gough E-5 (1947-1949)1955 AWII Kerala AWII Nayar



588 [564] [793] marriage rite. At the auspicious time, each girl was led in turn by her brother from the house and seated on the plank. At a sign from the astrologer, the Brahman priest (called Elayad, a low sub-caste of Nambūdiris who officiate at Nayar funerals) handed the *tāli* to the bridegroom, who tied it round the girl's neck. The nineteen couples were then secluded in the house for the remaining three days and nights of the rites. Informants said that in modern times when lineages were often large, the couples numerous and the girls sometimes infants, cohabitation would be unlikely. It was not, however, forbidden, and appears formerly to have been required. It is clear that the rite was ritually if not actually a defloration ceremony, as is indicated by the saying *Tāli kettiu amma āyi* ('having had the *tāli* tied, a girl becomes a [married] woman').

588 782 787 793 Next morning the party reassembled without the couples, and offerings to Bhagavadi took place. The participants were a Sūdra Nayar oracle (*velichchappād*), a Vattekad (oil-monger) Nayar sacrificial priest, and a Nayar boy who accompanied the oracle, carrying a staff to the top of which was tied a brush of coconut flowers. These officiants perform similarly by hereditary right at the annual Bhagavadi temple festival. The priest offered rice, paddy, coconuts, incense, a burning lamp, and toddy before the branch of the milk-tree, following which he sacrificed a cock and poured out a vessel of red blood-like liquid. The oracle then donned a waist-band and anklets of bells and took a sickle in his hand. (These symbolize the power of Bhagavadi: when he dons them it is believed that she enters and possesses the oracle.) Accompanied by loud music, he leapt wildly in the air, shouting hoarsely and chopping his forehead with the sickle till blood flowed down. In this frenzy he called out to the host *kāranavan* that the goddess was appeased by his offerings. His possession then subsided and his insignia were removed.

796 [831] Bhagavadi is the Malabar goddess of war, smallpox, and the soil. Her idol, in the Nayar village temple, is a hollow cylindrical stone, a symbol of the vagina, as the Brahmanical idol of Siva is the lingam, a symbol of the phallus. Bhagavadi is also worshipped as the oracle's sickle, as a picture drawn in chalks on the floor, as the milk-tree (*Alstonia scholaris*), and as the [753] ancestral sword of a Nayar lineage. She is believed to have protected the Nayars in war. She is fierce and vengeful, her chief power being to inflict smallpox. She is propitiated by similar [782] rites during smallpox epidemics, on the sixteenth day after a smallpox death, and on the last [834] night of her annual temple festival, during which she is angry with the villagers who must observe sexual continence.

588 [783] [264] The remainder of the second day, and the third day, were devoted to feasting and music. On the fourth morning each couple went to the village bathing pool where, hand-in-hand, they took a purifying plunge-bath. Then, decked in fine clothes, they returned to the lineage house. In the kitchen each couple ate a meal from the same loaf. The company was then fed, but on this day, alone of all days, women ate before men. The bridegrooms received clothing and foodstuffs from the *kāranavan* and departed for their respective homes.

588 184 595 [765] [783] [851] In Pālakkara the *tāli*-tier might remain with his bride as her first *sambandham* lover. At the last *tāli*-rite two of the nineteen bridegrooms remained in association with their brides, though one abandoned his shortly afterwards. The other seventeen girls formed unions with other men of the village shortly after puberty. In all *tāli*-rites in this area, however, the 'bridegroom' remained the ritual husband of his 'bride' throughout his life, though he need never visit her again. At his death, the 'wife', together with her children by whatever physiological father, must observe fifteen days' pollution. Death pollution was otherwise traditionally observed only for matrilineal kin: not until recently was it observed for the *sambandham* lover and the physiological father. The *tāli*-tier of a woman was regarded, moreover, as the ritual father of her children. If they knew him, the children called this man *appan* (the Tamil word for 'father', used for the *genitor* by Tiyyars and Christians) as distinct from *acchan* (originally

7:Gough E-5 (1947-1949) 1955 AWll Kerala AWll
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with any Nambūdiri Brahman who had the consent of her *kāranavan*. Until recently, polyandry and divorce were said by my Nayar informants to have been even commoner than among Nayars.

In the Zamorin's and the Walluvanād lineages the *tāli* was tied by princes of the more ancient royal lineages of Kodungalur and Beypore. Actual defloration does not seem to have been obligatory in recent times. Kerr's (1811, ch 6) translation of Castaneda, however, states that

> . . . these sisters of the Zamorin, and other kings of Malabar, have handsome allowances to live upon; and, when any of them reaches the age of ten, their kindred send for a young man of the Nayar caste out of the kingdom, and give him presents to induce him to initiate the young virgin; after which he hangs a jewel around her neck, which she wears all the rest of her life as a token that she is now at liberty to dispose of herself to anyone she pleases as long as she lives.

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Of the Zamorin's own marriage to a Nayar wife, Hamilton (1727, p. 172), a Scottish trader, wrote in 1723:

> When the Zamorin marries, he must not cohabit with his bride till the Nambourie or chief Priest has enjoyed her, and, if he pleases, may have Three Nights of her Company, because the first Fruits of her nuptials must be an holy Oblation to the God she worships; and some of the nobles are so complaisant as to allow the Clergy the same Tribute; but the common people cannot have that Compliment paid to them, but are forced to supply the Priest's place themselves.

588 833

Barbosa (Stanley, 1866, p. 124), writing in a more robust age, 1510, says of the Nayar commoners: 'And from that time forward [i.e. after the *tāli*-rite] the mother goes begging some young men to deflower the girl, for among themselves they hold it an unclean thing and almost a disgrace to deflower women.'

588

The immediate significance of the *tāli*-rite for Nayars of this area, taken in conjunction with their combined polyandry and polygyny, is clear. A Nayar *taravād* is perpetuated by its women. Hence the extraordinary value set by Nayars on obtaining a sufficiency of husbands and thus of children for their lineage. The *tāli*-rite dramatizes this need of the lineage for male sexual partners who ('like breeding bulls', as a Calicut prince remarked) will fulfil the one role denied to men of the lineage in respect of their sisters and nieces. The bridegroom's role as *enangan* was significant in a caste community in which sex relations were promiscuous. In this rite, through a chosen representative, the local caste group as a whole 'married' the lineage as a whole, and ritually set free the procreative powers of its girls to perpetuate their lineage. The ritual 'divorce' on the fourth day freed the girls from their particular bridegrooms, as the fee which accompanied it freed their lineage from further obligations to these men. If he wished to perpetuate the relationship, the ritual bridegroom must come again in a different role, without prior claims, merely as one of a series of lovers. The 'divorce' foreshadows the jealousy with which Nayar men regard the post-puberty lovers of their sisters: these are prevented from interfering in household matters, and may be dismissed by the brothers in a momentary fit of pique. The separation of the *tāli*-rite (the ritual marriage) from the later *sambandham* unions (initiated without rites) thus underlines the necessity to the lineage of husbands and fathers, while denying to the individual husband and father a legally and socially significant role in relation to his wife and children.

613 182 [586]

The tying of the *tāli*, in aristocratic lineages, by a Nambūdiri Brahman or other personage of higher caste in place of an *enangan*, fits in with the custom of hypergamous marriage. The higher caste bridegroom's role gives ceremonial recognition to the overlordship of *nāduvaris* over *desavaris*, of kings over *nāduvaris*, and in religious matters, of Nambūdiri Brahmans over all. The higher caste lover had no more rights in his mistress than the Nayar and even fewer obligations to her. At the same time the function in the political and economic systems of these high caste men's roles as ritual and physiological husbands and fathers to members of the castes below them must not be underestimated. Today the old political system has

588 564 [178]

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588 182 564 rank, above the political system of the kingdom, and, in religious belief, the representatives of God on earth. All of these father-figures are collectively physiological fathers of the Nayars, so that in summoning them to deflower their women the Nayars call in real or classificatory fathers as well. When the bridegroom is a higher caste man, moreover (as when Tiyyar barbers call an elder of their caste), his venerable age leaves no doubt of his paternal role.

That the ritual bridegroom should be a father-figure to the community explains my informants' memory that the Asan might deflower Nayar women, but might prefer to forgo his right for money paid by some other bridegroom. It explains why the *desavari* must be present to give permission for the Nayar rite (and the Tandan for the Tiyyar rite) and receive money 'as if to recompense him'. The preliminary gifts by the high-caste Nayar girl's family to Nambûdiri landlords, the *addhvari* and the Maharaja also bear out this hypothesis.

588 184 182 787 Among South Malabar retainer-Nayars and among Tiyyars a high-caste father-surrogate could not be obtained, so that 'they must perforce supply the priest's place themselves'. The retainer-Nayars get round this by selecting an *enangan* to represent the whole caste, who was deputed for the task by village elders and, supernaturally, by the position of the stars at his birth. Even so, the hazardous nature of the rite is indicated by the need to perform it at an auspicious time, when the astrologer (in some respects another father-figure since, though of lower caste, he was traditionally the trainer of Nayar boys in their village gymnasium, and a priest of Bhagavadi) gave the word.

588 604 184 182 Among North Malabar Tiyyars the mother's brother's wife or the father's sister might tie the *tâli*. She does this on behalf of her son, who is the proper husband for the girl, and before the marriage-pole and the sacred household lamp (divine phallic symbols). In this caste it is fitting that some kinsman or kinswoman of the bridegroom should perform the rite, because Tiyyars are not polyandrous and a girl becomes temporarily incorporated at marriage into her husband's dwelling group. Yet, if we assume the Oedipal fear, the Tiyyar bridegroom could not tie the *tâli* himself, since he is (ideally and often) a cross-cousin. If he is the mother's brother's son, he takes the girl, in this group where paternal claims offset matrilineal, from her *kâranavan* and his own father, a terrifying situation in view of his unconscious Oedipal fears. If he is the father's nephew, he takes her from her father and his own *kâranavan*, an equally dangerous situation. The problem is surmounted by permitting the mother's brother's wife or the father's sister of the girl to 'marry' her on behalf of her son.

564 [588] [305] [759] [582] The substitution of the barber-woman to tie the *tâli*, and the role of the barber as one intimately associated with the girl's passage to womanhood, may perhaps be understood by considering the general role of barbers in Tiyyar social life. The barbers cut hair for Tiyyars, and in South Malabar though not commonly in the north, their women are midwives. They rank parallel to the Tiyyar washerman with whom they are compared, since both castes have polluting occupations but take part in the rites of birth, girls' puberty, and death. In North Malabar Tiyyar men may marry barber women hypergamously, their children being barbers by matrilineal descent. Barbers are thus socially and sometimes physiologically the 'sons' of Tiyyars. They are also likened by the Tiyyars to their younger brothers. Barbers may not give food to Tiyyars but must attend Tiyyar feasts, when they sit on the left or 'younger' side of the feasting hall, the Tiyyars sitting on the right or 'older' side. Barbers address Tiyyar men as 'elder brother', but Tiyyars address older barber men by name, as they do juniors of their own caste. Despite his low rank, however, the barber is in some situations a paternal figure for Tiyyars. He assists the Tandan in his executive functions and may summon Tiyyar offenders to caste justice. An elderly barber is often a marriage-broker for Tiyyars, but he is primarily a priest for Tiyyar household rites. At a Tiyyar death he instructs the heirs to make offerings to the spirit, in the form of a mud image which he makes. On the fourteenth day, he purifies the household by anointing its members with oil

[693] [584] [793] 782 [783]

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and the five products of the cow. This ends their pollution and also the prohibition on using oil for cooking and bathing during the pollution period. The ability of a low caste man to purify a family from pollution (when in other contexts he is less pure than they) is an anomalous situation common in South India which has not so far been explained in sociological terms. It is paralleled by the fact that the washerman's purifying cloth is used by a woman to bathe in after menstruation; the washerman must also supply a similar purifying cloth for Nayars and Tiyyars to stand on when they are being purified by cow's excrements from the pollution of death. In some contexts, the Nayars recognize this anomaly, and thus employ two priests for death-rites, the lower caste funeral priest for ties during pollution, and the Elayad, a low sub-caste of Nambūdiris ranking above Nayars, to purify them and instruct them in final rites to the spirit. The Elayad also consecrates the South Malabar Nayar *tāli*, so that the Tiyyar barber may be compared to him as a functionary in the *tāli*-rite. In addition, the barber acts as a priest in Tiyyar family shrines in North Malabar dedicated to Bhagavadi and to ancestors. Finally, as barber, he performs the ceremonial hair-cutting of a Tiyyar boy at the age of three, and the ceremonial shaving of a Tiyyar man at a funeral and before other ritual occasions, including the *tāli*-rite of his nieces and daughters.

I suggest that the barber, both as a polluting 'younger' person and as a holy one who can conduct Tiyyar ceremonies and purify them from pollution, is both a son-surrogate and a father-surrogate for Tiyyars. His association in death-ceremonies with the spirits of Tiyyar leads me to suspect that he is identified with the ancestors, who, in psycho-analytic terms, collectively represent the father.[1] In this role the barber would resemble the washerman, his 'twin' in the caste-hierarchy, who in masked dances impersonates the dead ancestors and local heroes of both Nayars and Tiyyars in North Malabar and of Tiyyars in the south, and, while possessed by them, declares their will to the *taravād*. We have seen that the washerman, like the barber, may be viewed as a proxy bridegroom to the Tiyyar or Nayar girl in the puberty rites where he instructs her to perform offerings to the lamp as a phallic symbol and sings lewd songs to enhance her fertility.

The barber is also, however (because of hypergamous Tiyyar-barber marriages), a son-figure, and in general caste-terms a junior to the Tiyyar. In this role his ability to act as a kind of bridegroom at the *tāli*-rite reminds us of the practice of South Malabar Tiyyars, who select a small boy of an affine *taravād* as proxy bridegroom in the rite. Until about the age of eight, a boy may touch mature women of his own or another lineage. The fact that the small bridegroom is carried into the marriage-shed in the arms of his maternal uncle renders harmless his 'marriage' to the bride: he is a child, brought by a father-figure who adjures him to perform the rite. This fits my hypothesis that the immature girl in these castes is unconsciously likened to the mother: only a father-figure, an infant, or some generalized 'polluted' yet 'holy' figure may approach her with impunity.

My hypothesis that the virgin is unconsciously associated with the mother as a forbidden sexual object rests partly on the fact that in these rites the girl is brought into association with Bhagavadi, the mother-goddess of Nayars and Tiyyars. A branch of her milk-tree is set

[1] A psychoanalyst might probably see in the barber's other roles that of father-surrogate. Hair-cutting and shaving are in many parts of the world likened to castration or to a weakening of sexual power. Among Tiyyars they are ceremonially performed for boys at the age of three to five, and for men immediately after a death in the family. The ceremonial head-shaving of a boy (like the ceremonial ear-boring by the goldsmith, another low-caste functionary) is believed to reduce his *sakthi* (strength) and render him immune to the evil eye of the envious or to attacks from ghosts. It is possible to argue that the rite is a symbolic castration, performed to protect the child, in phantasy, from the danger of real castration at the hands of his jealous father, whose form is projected in the evil eye and in ghosts who attack small children. After a death, the ritual shaving of the heir is part of a complex of rites to ward off the vengeful anger of the spirit. It goes along with abstention from intercourse and from sexually stimulating foods, and the carrying of a knife (phallic talisman?) by the heir to ward off the murderous attack of the spirit. I associate head-shaving, like sexual abstinence, with symbolic castration of the mourner to avert the castrating and murderous wrath of the deceased whom, in his unconscious mind, the mourner himself has murdered.

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Pulayan head-man raises a mound of earth on which are thrown a little manure and a handful of seed. He then yokes the cattle to the plough and turns a square plot of ground, taking care to have furrows made in it, and the plough dropped on the right. Ganapati is then propitiated with offerings, and the master throws the seed in the furrow, when the Pulaya head-man invokes the blessings of the gods and the deceased ancestors on the seeds that have been sown broadcast, on the cattle that are let loose, and also on the members of the family, and prays them for a good crop, much sunshine, and a good harvest. A cocoanut is then cut on the ploughshare, and if the hind portion is larger than the front one, it predicts an excellent harvest. If the nut is cut into two equal portions, the harvest will be moderate; if the cut passes through the eyes of the nut or if no water is left in the cut portions, misfortune is foreboded. The portions of the cocoanut are then picked up with the milk inside them and a leaf of the *tulsi* plant (Ocymum sanctum) is dropped into each; if the leaf turns to the right, a prosperous harvest is assured; if to the left, the contrary. The ceremonial concludes with loud shouts and invocations to the gods of husbandry; and the unused seeds are distributed among the workmen.

*Nira*:—The bringing in of the first fruits (*Nira*) is celebrated at the end of Karkadagam (August), previous to which the doors and windows of the houses are cleansed with the leaves of a tree called *paragam* (Ficus hispida) and decorated with rice flour, while the walls are white-washed, and the yard smeared with cow-dung. On the gates of the houses are placed various kinds of flowers together with their leaves and branches, *viz*:—*athi* (Ficus racemosa), *ithi* (Ficus venosa), *arayil* (Ficus religiosa), *peral* (Ficus Indica), *illi* (young bamboo leaves), *nelli* (Phyllanthus Emblica), *jack* (artocarpus integrifolia), and *mango* (manganefera indica). On the morning of the ceremonial day, the priest of the temple comes out preceded by a Marar blowing a conch-shell, when a bunch of the ears of paddy already placed by the Pulayans outside the outer wall of the temple is taken by him to the temple with the same Marar blowing the conch. Every house-holder then sends out to the fields a man duly purified by a bath and smeared with ashes to gather some rice. As he brings it to

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773 778 825 [776] thereon. The early colonists, on a second venture, finding the land occupied, commenced a war against the Nágas, but Parasurama acting as arbitrator, decided in favour of the early colonists, and ordered that they should set apart a corner of every compound as an abode of the serpent gods. He further ordained that these allotted places were to remain virgin-ground, untouched by the blade of the knife or the prong of the fork, while the under-wood and the creepers were to be allowed to grow in wild profusion, and to such the name 778 *kávu* (grove) was given. In it are generally planted several 771 825 stone idols of serpents placed on a stone-basement called *chitrakúdam*, the whole being held sacred and reserved by a low wall round it to prevent cattle or children straying into [782] that space. The propitiation of serpents is deemed essential [753] to the prosperity and well-being of every house-holder, and periodical offerings are made to them, while the neglect of [776] these is considered to cause leprosy, sterility, or ophthalmia, among the members of the family. These serpents are therefore regarded as tutelary deities of the family, and the gods along with the shrines are conveyed with the property and frequently specified in deeds of transfer.

793 795 778 825 [782] The high priest of the serpent cult is the Pámbu Mékkát Nambuthiri, who lives in a house full of cobras which are said to be harmless to his family. Whenever an image of a serpent from a grove has to be removed from one place to another, he is sent for on the belief that he alone can do it after due propitiation and offerings, and any tree that is cut down for this removal must be sent to the local temple to be used as fuel. [564] The serpent grove should not be polluted by a member of the [841] low caste, or by a woman during her menses; and when it is [783] so polluted or otherwise spoiled, a member of the family of [787] the Nambuthiri priest has to be informed. He gazes into a vessel filled with oil, points out the evil and suggests the remedy. 771 778 825 The ninth asterism in every month is specially selected for snake worship in Nayar families, when offerings of milk and water are made to them. It is said that the approach of a [841] woman during her menses will cause serpents to vacate the [782] grove because of the impurity, and Pulluvans are required to [532] sing songs and perform certain ceremonies to cause them to re-enter the shrines. Images of these serpents are sometimes

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775 [881] [846] [789] [782] time. At the period of puberty and after child-birth women are especially liable to the attacks of these aërial beings. Charms and incantations, offerings and sacrifices, are the most requisite to counteract the evils that demons do, and iron rings, iron staffs, and leather shoes, are some of the specifics that help to keep the demons at a distance.

[787] They make their abode chiefly in the palmyra and *pála* trees, but some of them occupy even dwelling houses. Others take the shape of human beings, while yet others possess human beings.

775 782 [776] [791] Their name is legion, and they exist by the offerings of their votaries and their tormented victims. Against the machinations of these demons, the sorcerers and exorcists bring to bear the influence of their special guardian deities who in turn must be propitiated with offerings before they can be called upon to use their beneficial strength. In the case of the evil [783] spirit of him who has died an unnatural death, a Brahman magician purifies the spirit by means of certain ceremonies called *Tilahóma* (an offering of sesamum seeds to *agni* or fire). [789] A Chendus Nambuthiri presides at such ceremonies and transfers the spirit to an image of gold, silver, or wood which is afterwards placed in a Vishnu temple or enshrined in a small building put up for that purpose, there to rest in peace.

771 346 775 [753] [796] In the State, temples are dedicated to various demons, the chief among them being the Avanangáttil Cháttan in Triprayar. The temples dedicated to the small-pox demon correspond to the *Péy Kóvils* or devil temples of the Tamil Districts. In these temples are to be found the instruments and symbols of demon worship, the dancing sticks or wands, the priests' garments, tridents, etc., whilst in others there is nothing save the images of demons. There is also an officiating [793] priest, who is the devil driver and the devil dancer, and [791] who at times even becomes a *Velichapád* inspired to communicate to the votaries, who consult him in times of illness and calamity, the wishes and intentions of that particular demon.

771 225 **Worship of animals and plants.** To a Hindu all organic life is sacred, and his creed is not to injure any living thing, while among the animals worshipped by him the cow occupies the first place. The cow is *Kámadhénu*, the giver of all things, and hence whenever a cow is approached, it is touched

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[804] is performed. All the members of the family take part in this ceremony under the direction of the priest who belongs to the [793] *Athikurussi* class. The ceremony consists in filling up three [564] *para* measures with paddy and one *edangali* of raw rice, and placing them near the corpse together with a burning lamp of local manufacture.

[351] A mango tree is cut, and as much fuel as is necessary for the burning of the dead is collected and placed at the south-eastern corner of the compound which is always set apart for the burning or burial of the dead. A small pit about the size of the dead body is dug. Across this are placed three long stumps of the plantain tree, one at each end and one in the middle, and on these the foundation of the pyre is laid. The dead body which is placed on a bamboo bier is carried to the cremation ground and placed on the pyre with its head to the south, then fuel is laid over it, together with a little camphor, sandal-wood and ghee, if the family can afford the expense. Be-
613 764 fore the body is placed on the pyre, the *anandaravan*, the member of the family immediately junior to the deceased, tears from the new cloths laid on the corpse, a piece sufficient to go round his own loins. He wears it round his waist and holds in his hand or tucks into his cloth at the waist, a piece of iron, generally a long key. It must be noted here, that all those members of the family who are older than the deceased may not take any part whatsoever in the funeral ceremony or in any subsequent ceremony after the cremation or burial, but all adult males junior to the deceased should be present when the [593] pyre is lighted. The deceased's younger brother, or in his absence, his nephew (sister's son), sets fire to the pyre [604] beginning at the head of the corpse; but if a son is left by the deceased, he sets fire to the pyre beginning at the feet. In the case of a woman, the son has to set fire to the pyre, or in his absence, one junior in age to her has the right to do so. It is a matter of great importance that the whole pyre should burn at once, and great care towards that end is taken. While the corpse is being consumed, all the members of the family go and bathe in a tank (there is always one in the compound of a Nayar house). The eldest man who has the piece of cloth and the key carries a pot of water, and all return to the place of cremation. When the body is almost consumed by fire, the senior member carries the pot of water thrice round it, letting

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On the third day after the death, all those who are related to the *tarawâd* by matrimonial alliances combine and give a feast to the inmates of the house and to the neighbours. This is called the *Patni kanji*. On the seventh day a return feast is given by the members of the *tarawâd*, to all relations and neighbours. Between the seventh and the fourteenth day after death, no ceremonies are performed, but the members of the family are under pollution, and then on the fourteenth day comes the *Sanchayanam*. It is the disposal of the calcined remains, the ashes of the deceased. The male members of the *tarawad* go to the place of cremation, and picking up the unburnt bones of the deceased, place them in an earthern pot which is sun-dried—not burnt in the usual way—and cover up the mouth of the pot with a piece of cloth. The eldest carries it and, followed by the rest, proceeds to the nearest river (it must be a running stream) into which it is thrown. In some places the bones are collected on the seventh and preserved in a pot which, when convenient, is carried to Benares, Rameswaram, Gaya, or to Thirunelly in Wynad and there deposited as above described. Such a disposal is called *Ashtagaya-Sradham*, and puts an end to the need of all earthly ceremonies—nor is there any need to continue the annual ceremony for that person. The belief is that the collection and careful disposal of the ashes of the dead gives peace to the departed spirit, which will not thereafter injure the living members of the *tarawâd*.

On the fifteenth day is the purificatory ceremony at which a man of the *Attikurissi* clan officiates as priest. In the morning the members of the family wear cloths washed by a *Vêlan* (washerman) and assemble together for purification by the Nayar priest who throws on them, both before and after bathing, paddy, rice, gingelly seeds, and the holy mixture (milk, oil, etc.). The Elayad or the Brahman priest performs the *Punyâham* or purification of the house, well, etc., and on the sixteenth day he takes the place of the priest. On the evening of the fifteenth day and the morning of the sixteenth, the priests and the villagers are sumptuously fed, and presents of cloth are made to the latter and money to the former. In the Chittur Taluk, the priestly functions are sometimes performed by the Elayad, and *Deeksha* (leaving the body unshaved for forty-one days or a year) is observed by the nephew and the son of the deceased. The one who is under this mark of mourning makes offerings of rice balls

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the caste or the grown-up women cook and serve the food to the inmates who sit in the dining hall with their own dishes or with plantain leaves placed before them. In ordinary and poor families the cooking and serving are done by women alone.

In grand festivities in which food is served to a large number of the caste-men, the preparations are similar to those served at Brahman feasts, a full account of which will be given when I deal with them.

**Social status.**

The Nayars rank below the Ambalavásis and above the polluting castes. Even among themselves there are various grades of social precedence, and the members of higher sub-castes do not freely mingle with those of the lower. Men of the higher sub-castes may sometimes eat with those of the lower, but their women never take their meals with those lower to them in the social scale. It is curious to note that in grand feasts and on ceremonial occasions, good many formalities have to be observed in the allocation of seats in the dining hall for guests according to their social status, and any violation of the caste rules or etiquette will end in their abruptly leaving the hall. The touch of the Nayar pollutes the Brahmans, and they themselves in turn are polluted by the touch of the low caste Sudras. The consumption of meat does not entail loss of caste, though many abstain from eating it. They may take or drink water from the wells belonging either to their own caste or the three castes above them. Elayathús are their priests, but sometimes their caste-men also officiate as such, and Nambuthiris give *punnyáham* (holy water) to the Nayars under pollution. Being in close contact with the Brahmans, they learn to conduct themselves as the Brahmans do, and their morning and evening baths and their worship in temples are as punctual as those of the priestly class.

**Dress.**

Clothing is of considerable hygienic importance in the life of a nation, and hygiène plays a considerable part in the dress of a Nayar. A piece of cloth, two to two-and-a-half yards long and one-and-a-half yards broad, is worn round the loins. It must touch the ground or very nearly so, and this method of wearing the cloth gives a simplicity and dignity most suitable to their classic features. A small upper garment is also worn while at home. A Nayar always carries an umbrella while walking in the sun, but there

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as their attendants, to carry their sword and shield before them. 564

10. Vandikkāran.—A name, meaning cartmen, for those who supply fuel to temples, and cleanse the vessels belonging thereto.

11. Kuttina.—The only heiress of a Svarupam tarwad is said to have been a maid-servant in the Vadakkedam Brāhman's house, and her daughter's tālikettu ceremony to have been celebrated in her master's newly-built cowshed. The bride was called kuttilachchi, or bride in a cowshed, and her descendants were named Kuttina Nāyars. They intermarry among themselves, and, having no priests of their own, obtain purified water from Brāhmans to remove the effects of pollution. [783] [793]

12. Matavar.—Also known as Puliyattu, Veliyattu, and Kāllur Nāyars. They are believed to have been good archers in former times.

13. Otatu, also called Kusa. Their occupation is to tile or thatch temples and Brāhman houses.

14. Mantalayi.—A tract of land in the Kalkulam taluk, called Mantalachchi Konam, was granted to them by the State. They are paid mourners, and attend at the Trivandrum palace when a death occurs in the royal family. [765]

15. Manigrāmam.—Believed to represent Hindu recoveries from early conversion to Christianity. Manigrāmam was a portion of Cranganore, where early Christian immigrants settled. [797]

16. Vattaykkatan, better known in Travancore as Chakala Nāyars, form in many respects the lowest sub-division. They are obliged to stand outside the sacrificial stones (balikallu) of a sanctuary, and are not allowed to take the title Pillai. Pulva is a title of distinction among them. One section of them is engaged

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of the same caste, then decorates the girl by putting on anklets, etc. The purôhit (officiating priest) called Elayath (a low class of Brâhmans) then gives the tâli to the Mânavâlan, and the family astrologer shouts muhurtham (auspicious hour), and the Manavâlan, putting his sword on the lap, ties the tâli round the neck of the girl, who is then required to hold an arrow and a looking-glass in her hand. In rich families a Brâhmani sings certain songs intended to bless the couple. In ordinary families who cannot procure her presence, a Nâyar, versed in songs, performs the office. The boy and girl are then carried by enangans to a decorated apartment in the inner part of the house, where they are required to remain under a sort of pollution for three days. On the fourth day they bathe in some neighbouring tank (pond) or river, holding each other's hands. After changing their clothes they come home, preceded by a procession. Tom-toms (native drums) and elephants usually form part of the procession, and turmeric water is sprinkled. When they come home, all doors of the house are shut, and the Manavâlan is required to force them open. He then enters the house, and takes his seat in the northern wing thereof. The aunt and female friends of the girl then approach, and give sweetmeats to the couple. The girl then serves food to the boy, and, after taking their meal together from the same leaf, they proceed to the booth, where a cloth is severed into two parts, and each part given to the Manavâlan and girl separately in the presence of enangans and friends. The severing of the cloth is supposed to constitute a divorce." "The tearing of the cloth," Mr. Fawcett writes, "is confined to South Malabar. These are the essentials of the ceremony, an adjunct to which is that, in spite of the divorce, the girl observes

588 death pollution when her Manavālan dies. The same [765] Manavālan may tie the tāli on any number of girls, during the same ceremony or at any other time, and he [793] may be old or young. He is often an elderly holy Brāh- [564] man, who receives a small present for his services. The girl may remove the tāli, if she likes, after the fourth day. [184] In some parts of Malabar there is no doubt that the man who performs the rôle of Manavālan is considered to have some right to the girl, but in such case it has been already considered that he is a proper man to enter into sambandham with her."

588 184 Of the tāli-kattu kalyānam in Malabar, the following detailed account, mainly furnished by an Urāli Nāyar of Calicut, is given in the Gazetteer of Malabar. "An auspicious time has to be selected for the purpose, and the preliminary consultation of the astrologer is in itself the occasion of a family gathering. The Manavālan or quasi-bridegroom is chosen at the same time. For the actual kalyānam, two pandals (booths), a small one inside a large one, are erected in front of the padinhātta macchu or central room of the western wing. They are decorated with cloth, garlands, lamps and palm leaves, and the pillars should be of areca palm cut by an Asāri [778] on Sunday, Monday, or Wednesday. The first day's [789] ceremonies open with a morning visit to the temple, where the officiating Brāhman pours water sanctified by mantrams (religious formulæ), and the addition of leaves of mango, peepul and darbha, over the girl's head. This [354] rite is called kalasam maduga. The girl then goes home, and is taken to the macchu, where a hanging lamp with five wicks is lighted. This should be kept alight [352] during all the days of the kalyānam. The girl sits on a [824] piece of pala (*Alstonia scholaris*) wood, which is called a mana. She is elaborately adorned, and some castes [301]

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The opinion was expressed by Mr. (now Sir Henry) Winterbotham, one of the Malabar Marriage Commissioners, that the Brahman tāli-tier was a relic of the time when the Nambūtiris were entitled to the first fruits, and it was considered the high privilege of every Nāyar maid to be introduced by them to womanhood. In this connection, reference may be made to Hamilton's 'New Account of the East Indies', where it is stated that [793] "when the Zamorin marries, he must not cohabit with his bride till the Nambūdri, or chief priest, has enjoyed her, and he, if he pleases, may have three nights of her company, because the first fruits of her nuptials must be an holy oblation to the god she worships. And some of the nobles are so complaisant as to allow the clergy the same tribute, but the common people cannot have that compliment paid to them, but are forced to supply the priests' places themselves."

588 Of those who gave evidence before the Malabar Commission, some thought the tāli-kettu was a marriage, some not. Others called it a mock marriage, a formal marriage, a sham marriage, a fictitious marriage, a marriage sacrament, the preliminary part of marriage, a meaningless ceremony, an empty form, a ridiculous farce, an incongruous custom, a waste of money, and a device for becoming involved in debt. "While," the report states, "a small minority of strict conservatives still maintain that the tāli-kettu is a real marriage intended to confer on the bridegroom a right to cohabit with the bride, an immense majority describe it as a fictitious marriage, the origin of which they are at a loss to explain. And another large section tender the explanation accepted by our President (Sir T. Muttusami Aiyar) that, in some way or other, it is an essential caste observance preliminary to the forming of sexual relations."

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Malabar. "The first regular ceremony performed during pregnancy is known as pulikudi or drinking tamarind, which corresponds to the Pumsavanam of the Brāhmans. But there are other observances of less importance, which commonly, if not invariably, precede this, and may be considered as corresponding to the Garbharakshana (embryo or womb protection) ceremony sometimes performed by Brāhmans, though not one of the obligatory sacraments. Sometimes the pregnant woman is made to consume daily a little ghee (clarified butter), which has been consecrated by a Nambūdiri with appropriate mantrams. Sometimes exorcists of the lower castes, such as Pānans, are called in, and perform a ceremony called Balikkala, in which they draw magic patterns on the ground, into which the girl throws lighted wicks, and sing rude songs to avert from the unborn babe the unwelcome attentions of evil spirits, accompanying them on a small drum called tudi, or with bell-metal cymbals. The ceremony concludes with the sacrifice of a cock, if the woman is badly affected by the singing. The pulikudi is variously performed in the fifth, seventh, or ninth month. An auspicious hour has to be selected by the village astrologer for this as for most ceremonies. A branch of a tamarind tree should be plucked by the pregnant woman's brother, who should go to the tree with a kindi (bell-metal vessel) of water, followed by an Enangatti* carrying a hanging lamp with five wicks (tukkuvilakku), and, before plucking it, perform three pradakshinams round it. In the room in which the ceremony is to be

* An Enangan or Inangan is a man of the same caste and sub-division or marriage group. It is usually translated "kinsman," but is at once wider and narrower in its connotation. My Enangans are all who can marry the same people that I can. An Enangatti is a female member of an Enangan's family.

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613 alcoholic drinks, and from chewing betel, also from
765 tobacco. When the dīksha is observed, the ashes of the
[784] dead are not deposited as described already (in the sun-
[834] dried vessel) until its last day—the forty-first or a year after death. When it is carried on for a year, there is observed every month a ceremony called bali. It is noteworthy that, in this monthly ceremony and for the conclusion of the dīksha, it is not the thirtieth or three hundred and sixty-fifth day which marks the date for the ceremonies, but it is the day (of the month) of the star which was presiding when the deceased met his death: the returning day on which the star presides.* For the
[584] bali, a man of the Elayatu caste officiates. The Elayatus
[793] are priests for the Nāyars. They wear the Brāhmin's thread, but they are not Brāhmins. They are not permitted to study the Vēdas, but to the Nāyars they
[782] stand in the place of the ordinary purōhit. The officiating Elayatu prepares the rice for the bali, when to the deceased, represented by karuka grass, are offered boiled rice, curds, gingelly seeds, and some other
[465] things. The Elayatu should be paid a rupee for his services, which are considered necessary even when the man under dīksha is himself familiar with the
[302] required ceremonial. The last day of the dīksha is one of festivity. After the bali, the man under dīksha is shaved. All this over, the only thing to be done for the deceased is the annual srādh or yearly funeral commemorative rite.
[825] Rice-balls are made, and given to crows. Clapping of
[775] hands announces to these birds that the rice is being thrown for them, and, should they not come at once and eat, it is evident that the spirit is displeased, and the taravād had better look out. The spirits of those who

[805] * All caste Hindus who perform the srādh ceremonies calculate the day of death, not by the day of the month, but by the thithis (day after full or new moon).

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mouth. With the breaking of a cocoanut, and the offering of some powdered rice, betel leaf, areca nut, etc., the body is taken to the pyre. The members junior to the deceased go round the pyre three, five, or seven times, throw paddy and rice over the dead body, put scantlings of sandal wood, prostrate at the feet of the corpse, and then set fire to the pyre. When the body is almost wholly consumed, one of the male members carries a pot of water, and, after making three rounds, the pot is broken and thrown into the pyre. The death of an elderly male member of a family is marked by udakakriya and sanchayanam, and the daily bali performed at the bali kutti (altar) planted in front of the house, or in the courtyard in the centre of the house, where there is one. The Ashtikurissi Nāyar officiates as priest at all such obsequies. On the morning of the fifteenth day, the members of the family wear cloths washed by a Vēlan, and assemble together for purification by the Nāyar priest, both before and after bathing, who throws on them paddy and rice, and sprinkles the holy mixture. The Elayad or family purōhit then performs another punnayaham or purification, and on the sixteenth day he takes the place of the priest. On the evening of the fifteenth day, and the morning of the sixteenth day, the purōhits and villagers are sumptuously feasted, and presents of cloths and money are made to the Elayads. In the Chittūr tāluk, the Tamil Brāhman sometimes performs priestly functions in place of the Elayad. Dīksha is performed for forty-one days, or for a whole year, for the benefit of the departed soul. This last ceremony is invariably performed on the death of the mother, maternal uncle, and elder brother."

764 184 [766] 765 783 184 [574] [564] [743] [769]

In connection with the habitations of the Nāyars, Mr. Fawcett writes as follows. "A house may face east or

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event the festival is held yearly to Bhagavati and her followers. The festival lasts for seven days. When I visited it in 1895, the last day was on the 31st of March. Before daybreak of the first day, the ordinary temple priest, a Mūssad, will leave the temple after having swept it and made it clean; and (also before daybreak) five Nambūtiris will enter it, bearing with them sudhi kalasam. The kalasam is on this occasion made of the five products of the cow (panchagavyam), together with some water, a few leaves of the banyan tree, and darbha grass, all in one vessel. Before being brought to the temple, mantrams or magic verses will have been said over it. The contents of the vessel are sprinkled all about the temple, and a little is put in the well, thus purifying the temple and the well. The Nambūtiris will then perform the usual morning worship, and, either immediately after it or very soon afterwards, they leave the temple, and the Mūssad returns and resumes his office. The temple belongs to four taravāds, and no sooner has it been purified than the Kāranavans of these four taravāds, virtually the joint-owners of the temple (known as Urālas) present to the temple servant (Pishārodi) the silver flag of the temple, which has been in the custody of one of them since the last festival. The Pishārodi receives it, and hoists it in front of the temple (to the east), thus signifying that the festival has begun. While this is being done, emphasis and grandeur is given to the occasion by the firing off of miniature mortars such as are common at all South Indian festivals. After the flag is hoisted, there are hoisted all round the temple small flags of coloured cloth. For the next few days there is nothing particular to be done beyond the procession morning, noon, and night; the image of Bhagavati being carried on an elephant to an orchestra

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of them represent devils or some kind of inferior evil spirits, and dance madly under the influence of the spirits which they represent. Then comes the Arayan as on the previous day with his little procession, and lastly comes the blacksmith with the sword. The procession in the evening is a great affair. Eight elephants, which kept line beautifully, took part in it when I witnessed it. One of them, very handsomely caparisoned, had on its back a priest (Mūssad) carrying a sword smothered in garlands of red flowers representing the goddess. The elephant bearing the priest is bedizened on the forehead with two golden discs, one on each side of the forehead, and over the centre of the forehead hangs a long golden ornament. These discs on the elephant's forehead are common in Malabar in affairs of ceremony. The Māppilla poets are very fond of comparing a beautiful girl's breasts to these cup-like discs. The elephant bears other jewels, and over his back is a large canopy-like red cloth richly wrought. Before the elephant walked a Nāyar carrying in his right hand in front of him a sword of the kind called nāndakam smeared with white (probably sandal) paste. To its edge, at intervals of a few inches, are fastened tiny bells, so that, when it is shaken, there is a general jingle. Just before the procession begins, there is something for the Tiyans to do. Four men of this caste having with them pūkalasams (flower kalasams), and five having jannakalasams, run along the west, north, and east sides of the temple outside the enclosure, shouting and making a noise more like the barking of dogs than anything else. The kalasams contain arrack (liquor), which is given to the temple to be used in the ceremonies. Members of certain families only are allowed to perform in this business, and for what they do each

796 [787] in a sort of swoon, and everyone, excepting only the priests and temple servants, leaves the place as quickly as possible. The sheds which have been erected for 796 782 temporary habitation around the temple will be quickly demolished, and search will be made round about to make sure that no one remains near while the mystic rite of sacrifice is about to be done. When the whole place has been cleared, the four owners of the temple, who have stayed, hand over each a goat with a rope tied round its neck to the chief priest, and, as soon as they [793] have done so, they depart. There will remain now in the temple three Mūssads, one drummer (Marayar), and two [534] temple servants. The reason for all this secrecy seems [794] to lie in objection to let it be known generally that any sacrifice is done. I was told again and again that there was no such thing. It is a mystic secret. The Mūssad 796 789 priests repeat mantrams over the goats for an hour as a 782 preliminary to the sacrifice. Then the chief priest dons 793 a red silk cloth, and takes in his hand a chopper-like sword in shape something like a small bill-hook, while the goats are taken to a certain room within the temple. This room is rather a passage than a room, as there are to it but two walls running north and south. The goats are made to stand in turn in the middle of this room, facing to the south. The chief priest stands to the east of the goat, facing west, as he cuts off its head with the chopper. He never ceases his mantrams, and the goats never flinch—the effect of the mantrams. Several cocks are then sacrificed in the same place, and over the carcasses of goats and cocks there is sprinkled charcoal powder mixed in water (karutta gurusi) and saffron (turmeric) powder and lime-water (chukanna gurusi), the flow of mantrams never ceasing the while. The three Mūssads only see the sacrifice—a part of the rite which

is supremely secret. Equally so is that which follows. The carcass of one goat will be taken out of the temple by the northern door to the north side of the temple, and from this place one of the temple servants, who is blindfolded, drags it three times round the temple, the Mūssads following closely, repeating their mantrams, the drummer in front beating his drum softly with his fingers. The drummer dare not look behind him, and does not know what is being done. After the third round, the drummer and the temple servant go away, and the three Mūssads cook some of the flesh of the goats and one or two of the cocks (or a part of one) with rice. This rice, when cooked, is taken to the kāvu (grove) to the north of the temple, and there the Mūssads again ply their mantrams. As each mantram is ended, a handful of saffron (turmeric) powder is flung on the rice, and all the time the drummer, who by this time has returned, keeps up an obligato pianissimo with his drum, using his fingers. He faces the north, and the priests face the south. Presently the priests run (not walk) once round the temple, carrying the cooked rice, and scattering it wide as they go, repeating mantrams. They enter the temple, and remain within until daybreak. No one can leave the temple until morning comes. Before daybreak, the temple is thoroughly swept and cleaned, and then the Mūssads go out, and the five Nambūtiris again enter before sunrise, and perform the ordinary worship thrice in the day, for this day only. The next morning, the Mūssad priests return and resume their duties. Beyond noting that the weirdness of the human tumult, busy in its religious effusion, is on the last night enhanced by fireworks, mere description of the scene of the festival will not be attempted, and such charming adjuncts of it as the gallery of pretty Nāyar women looking on from the

796 564 [193] garden fence at the seething procession in the lane below must be left to the imagination. It will have been noticed that the Nambūtiris hold aloof from the festival; they purify the temple before and after, but no more.

796 793 577 The importance attached to the various offices of those who are attached to the temple by however slender a thread, was illustrated by a rather amusing squabble between two of the Mukkuvans, an uncle and nephew, as to which of them should receive the silver umbrella from the temple, and bear it to the house of the goldsmith to be repaired. During the festival, one of them made a rapid journey to the Zamorin (about fifty miles distant), paid some fees, and established himself as the senior who had the right to carry the umbrella.

796 184 "An important local festival is that held near Palghat, in November, in the little suburb Kalpāti inhabited entirely by Pattar Brāhmans from the east. But it is not a true Malayāli festival, and it suffices to mention its existence, for it in no way represents the religion of the Nāyar. The dragging of cars, on which are placed the images of deities, common everywhere from the temple of Jagganath at Pūri in Orissa to Cape Comorin, is quite unknown in Malabar, excepting only at Kalpāti, which is close to the eastern frontier of Malabar.

782 [131] [346] [635] [126] [532] "Near Chowghāt (Chavagāt), about 30 miles to the southward of Calicut, on the backwater, at a place called Guruvayūr, is a very important temple, the property of the Zamorin, yielding a very handsome revenue. I visited the festival on one occasion, and purchase was made of a few offerings such as are made to the temple in satisfaction of vows—a very rude representation of an infant in silver, a hand, a leg, an ulcer, a pair of eyes, and, most curious of all, a silver string which represents a man, the giver. Symbolization of the offering of self is made by

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a silver string as long as the giver is tall. Goldsmiths 782
working in silver and gold are to be seen just outside the [326]
gate of the temple, ready to provide at a moment's notice the object any person intends to offer, in case he is not already in possession of his votive offering. The subject of vows can be touched on but incidentally here. A vow is made by one desiring offspring, to have his hand or leg cured, to have an ulcer cured, to fulfil any desire whatsoever, and he decides in solemn affirmation to himself to give a silver image of a child, a silver leg, and so on, in the event of his having fulfilment of his desire.

"A true Malayāli festival is that held at Kottiyūr in 996
North Malabar, in the forest at the foot of the Wynād hills rising 3,000 to 5,000 feet from the sides of the little glade where it is situated. It is held in July during the height of the monsoon rain. Though it is a festival for high and low, these do not mix at Kottiyūr. The Nāyars [564]
go first, and after a few days, the Nāyars having done, the Tiyans, and so on. A curious feature of it is that the people going to attend it are distinctly rowdy, feeling that they have a right to abuse in the vilest and filthiest terms everyone they see on the way—perhaps a few days' march. And not only do they abuse to their hearts' content in their exuberant excitement, but they use personal violence to person and property all along the road. They return like lambs. At Kottiyūr one sees [346]
a temple of Īsvara, there called Perumāl (or Perumāl Īsvara) by the people, a low thatched building forming a hollow square, in the centre of which is the shrine, which I was not permitted to see. There were some [793]
Nambūtiri priests, who came out, and entered into conversation. The festival is not held at the temple, but in the forest about a quarter of a mile distant. This spot [778]
is deemed extremely sacred and dreadful. There was,

however, no objection to myself and my companions visiting it; we were simply begged not to go. There were with us a Nāyar and a Kurichchan, and the faces of these men, when we proceeded to wade through the little river, knee-deep and about thirty yards wide, in order to reach the sacred spot, expressed anxious wonder. They dared not acompany us across. No one (excepting, of course, a Muhammadan) would go near the place, unless during the few days of the festival, when it was safe; at all other times any man going to the place is destroyed instantly. Nothing on earth would have persuaded the Nāyar or the Kurichchiyan to cross that river. Orpheus proceeding to find his Eurydice, Danté about to enter the Inferno, had not embarked on so fearful a journey. About a hundred yards beyond the stream, we came upon the sacred spot, a little glade in the forest. In the centre of the glade is a circle of piled up stones, 12 feet in diameter. In the middle of the pile of stones is a rude lingam. Running east from the circle of the lingam is a long shed, in the middle of which is a long raised platform of brick, used apparently as a place for cooking. Around the lingam there were also thatched sheds, in which the people had lodged during the festival. Pilgrims going to this festival carry with them offerings of some kind. Tiyans take young cocoanuts. Every one who returns brings with him a swish made of split young leaves of the cocoanut palm."

Of the Kottiyūr festival, the following account is given in the Gazetteer of Malabar. "The Nambūdiri priests live in a little wayside temple at Kottiyūr, but the true shrine is a quarter of a mile away in the forest across one of the feeder streams of the Valarpattanam river. For eleven months in the year, the scene is

opprobrium at her house. The chief of the fisherman caste, styled Kūli Muttatta Arayan, has the privilege of being the first to begin the work of polluting the Bhoot or shrine. Into other particulars it is unnecessary to enter. Cocks are slaughtered and sacrificed. The worshipper gets flowers only, and no holy water after paying his vows. Instead of water, he proceeds outside and drinks arrack or toddy, which an attendant Nāyar serves out. All castes are free to go, including Tiyars and low caste people. The temple was originally only a Bhoot or holy tree with a platform. The image in the temple is said to have been introduced only of recent years.' It is a pity Mr. Logan is so reticent. My information is that the headman of the Mukkuvans opens the festival by solemnly making a fæcal deposit on the image. Here again there is the same strange union of everything that is filthy, abusive, foul and irreverent, with every mode of expressing the deepest religious feeling."

Of the cock festival at Cranganore, the following account is given by Mr. T. K. Gopal Panikkar* in his interesting little book on Malabar and its folk. "In the midst of its native charms is situated a temple dedicated to Kali, the goddess who presides over the infectious diseases, cholera and small-pox. She is a virgin goddess, whom no quantity of blood will satisfy. The temple is an old-fashioned one, presenting no striking architectural peculiarities. The priestly classes attached to it are not, as usual, Brāhmins, but a peculiar sect called Adigals, of whom there are but three families in the whole of Malabar. The Brāhmins are purposely excluded from participation in the poojah ceremonies,

* Malabar and its Folk, Madras, 1900.

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796 lest their extreme sanctity might increase the powers
778 of the goddess to a dangerous extent. Poojahs are
[793] daily offered to her. An annual festival known as the
[784] Bharani, connected with this goddess, plays a most important part in the religious history of Malabar. It comes off in the Malayalam month of Meenam (about
788 March or April). Pilgrimages undertaken to the temple
796 on this occasion are potent enough to safeguard the pilgrims, and their friends and relations, from the perilous attacks of cholera and small-pox. Hence people resort thither annually by thousands from almost all parts of Malabar; and, the more north you go, the stronger will you find the hold which the goddess has
[782] upon the popular imagination. The chief propitiatory offering on the occasion is the sacrifice of cocks. In fact, every family makes a point of undertaking this sacred mission. People arrange to start on it at an auspicious moment, on a fixed day in small isolated bodies. Preparations are made for the journey. Rice, salt, chillies, curry-stuffs, betel leaves and nuts, a little turmeric powder and pepper, and, above all, a number of cocks form an almost complete paraphernalia of the pilgrimage. These are all gathered and preserved in separate bundles inside a large
[293] bag. When the appointed hour comes, they throw this
[481] bag on their shoulders, conceal their money in their girdles, and, with a native-fashioned umbrella in the one hand and a walking-stick in the other, they start, each from his own house, to meet the brother pilgrims at the rendezvous. Here a foreman is selected practically
[533] by common consent. Then commences the vociferous recitation of that series of obscene songs and ballads, which characterises the pilgrimage all along. The foreman it is that opens the ball. He is caught up by others